



# Pembroke Pines Police Department



9500 Pines Boulevard · Pembroke Pines · Florida 33024

Administrative Phone – 954-436-3200

24 Hour Dispatch – 954-431-2200

PIO On-Call Number – 954-252-5029

## MEDIA RELEASE

**ASSIGNED PIO:** Captain Adam Feiner

**DATE OF MEDIA RELEASE:** Tuesday, 05.02.2023

**TIME OF MEDIA RELEASE:** 11:00 a.m.

**CASE NUMBER:** None Assigned

**CHARGE/INCIDENT:** Cordico Wellness Application

**DATE OF OCCURRENCE:** Tuesday, 05.02.2023

**TIME OF OCCURRENCE:** 11:00 a.m.

**PLACE OF OCCURRENCE:** Pembroke Pines Police Department

**VICTIM(S) - NAME, AGE, DOB, RACE, SEX, ADDRESS:**

**SUSPECT(S) - NAME, AGE, DOB, RACE, SEX, ADDRESS:**

### **INCIDENT SUMMARY:**

Mental and physical wellness is critical to a professional, successful police force. Because law enforcement officers are exposed to traumatic incidents at much higher rates than the general population, they are more susceptible to face a mental health concern.

To proactively address these mental health challenges among first responders, the Pembroke Pines Police Department partnered with Cordico to launch a customized, confidential wellness app that is available to all sworn and non-sworn personnel and their families. This app includes a wellness toolkit to address over 60 behavioral health topics such as fatigue, suicide prevention, alcohol abuse, mental health self-assessments, financial fitness, videos and guides on yoga, mindfulness, nutrition and more.

Anyone with information regarding this incident is urged to contact the Pembroke Pines Police Department at 954-431-2200, email to [tips@ppines.com](mailto:tips@ppines.com), or call Broward Crime Stoppers at 954-493-TIPS.



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Personnel and their family members have confidential, 24/7 access to the app to ensure available resources during their most difficult moments whether on or off duty. The agency's Command Staff and the city's Administrators believe that no law enforcement professional should ever feel blocked from accessing help at times of need due to their schedule, location, or concerns about confidentiality.

The Pembroke Pines Police Department will utilize this technology to help personnel build resilience and avoid the long-term effects of high job related stress.